

Śānti Pāṭh

ॐ सह नावक्तु । सह नौ भुनक्तु ।
सह वीर्यं करवाकहे ।
तेजस्वि नावधीतमस्तु ।
मा विद्विषाकहे ॥
ॐ शान्तिः शान्तिः शान्तिः ॥

Om saha nāvaya¹tu.
Saha nau bhuna¹ktu.
Saha vī¹ryam karavā¹vahai.
Tejas¹vi nā¹yadhita¹mastu.
Mā vid¹viṣā¹vahai.
Om śā¹ntiḥ śā¹ntiḥ śā¹ntiḥ.

May the Lord protect both teacher and disciple and may He cherish us both.
May we work with full energy, that our study be perfect and give good results.
May we never feel ill-will toward the other. Om, peace.

ॐ पूर्णमदः पूर्णमिदं पूर्णात् पूर्णमुदच्यते ।
पूर्णस्य पूर्णमादाय पूर्णमेवाकशिष्यते ॥
ॐ शान्तिः शान्तिः शान्तिः ॥

Om pūr¹ṇamada¹ḥ pūr¹ṇami¹da¹m
pūr¹ṇāt pūr¹ṇamu¹dacyate.
Pūr¹ṇasya pūr¹ṇamā¹dāya
pūr¹ṇame¹vāvaśi¹ṣyate.
Om śā¹ntiḥ śā¹ntiḥ śā¹ntiḥ

That is full, this is full. From full, the full is taken, the full has come. If you take out full from the full, the full alone remains. Om, peace.

Śānti path

असतो मा सद्गमय ।

Asato mā sadgamaya,

तमसो मा ज्योतिर्गमय ।

Tamaso mā jyotirgamaya,

मृत्योर्मा॒मृतं गमय ।

Mrtyormā mṛtaṁ gamaya,

सर्वेषां स्वस्तिभवतु ।

Sarveṣāṁ svastibhavatu,

सर्वेषां शान्तिभवतु ।

Sarveṣāṁ śāntibhavatu,

सर्वेषां पूर्णं भवतु ।

Sarveṣāṁ pūrṇaṁ bhavatu,

सर्वेषां मंगलं भवतु ।

Sarveṣāṁ maṅgalaṁ bhavatu.

लोकाः समस्ताः सुखिनो भवन्तु ।

Lokāḥ samastāḥ sukhino bhavantu,

ॐ त्र्यम्बकं यजामहे

Om tryambakam yajāmahe

सुगन्धिं पुष्टिवर्धनम् ।

Sugandhim puṣṭivardhanam,

उर्वारुकमिव बन्धनात्

Urvārukamivā bandhanāt

मृत्योर्मुक्षीय मामृतात् ॥

Mrtyormukṣīya māmṛtāt.

ॐ शान्तिः शान्तिः शान्तिः ॥

Om śāntiḥ śāntiḥ śāntiḥ.

From illusion lead me to truth! From darkness lead me to light! From death lead me to immortality! Let all beings live in joy! Let all beings live in peace! Let all beings live in fullness! Let all beings live in happiness! Let the whole world live in bliss!

We worship the Three-Eyed One (Lord Shiva), who is fragrant and who nourishes well all beings. May He liberate us from death for the sake of immortality, even as the gourd is severed from its vine.